

P D HINDUJA SINDHI HOSPITAL

Jampangirannagar, Behind Woodlands Hotel, Bangalore - 560 027

Contact Reception : 080-22237117/ 49030300/49030303

EXECUTIVE HEALTH CHECKUP

PACKAGE Rs. 3100/-

PARTICULARS

1 HAEMATOLOGY PROFILE

Complete Blood Count, HB,TC DC, RBC Count, Platelet Count, PCV,

1 MCV, MCHC

2 ESR

3 Blood Group & RH Typing

2 LIPID PROFILE

Minimum of 12 Hours of Fasting required

1 Cholesterol, Triglycerides, HDL Cholesterol, LDL, VLDL

3 KIDNEY FUNCTION TESTS

1 Blood Urea

2 Serum Creatinine

3 Urine Routine (Sugar, Albumin, Microscopy)

4 Total Proteins

5 Albumin

6 Uric Acid

4 LIVER FUNCTION TESTS

1 Bilirubin

2 S.G.O.T.

3 S.G.P.T.

4 Alkaline Phosphatase

5 THYROID TESTS

T3

T4

TSH

6 DIABETIC PROFILE

Fasting Blood Sugar

Post Prandial Blood Sugar

Corresponding Urine Sugar

7 E.C.G.

8 T.M.T. CARDIAC STRESS TEST (for Males)

IMAGING TESTS

- 1 X-Ray Chest
- 2 Ultrasound Scanning - Abdomen
- 3 Mammography and Pap Smear Test
(for females above 35 years)

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MASTER HEALTH CHECK UP - Rs. 1600/-

Why is it Necessary?

A Master Health Examination is recommended for all adults, especially for Older adults (above 40 years of age) to screen out any underlying disease and keep track of your overall health.

The Master Health Check up includes:

- * Physical and Clinical Examination by Doctor
- * Blood Examination (CBC)
- * Fasting Blood Sugar and PPBS
- * Thyroid Test (TSH)
- * Lipid Profile - Cholesterol
- * Liver Function Test - SGPT
- * Blood Urea (Kidney Function Test)
- * Serum Creatinine (Kidney Function Test)
- * Urine Analysis
- * Cardiac Test : ECG
- * X- Ray - Chest
- * Ultrasound Scanning of Abdomen
- * Dental Examination

(Require Minimum 12 Hrs Fasting. No Coffee/Tea in the Morning Before the Test may Consume water.)

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BASIC HEALTH CHECK UP - Rs. 600/-

- 1 Complete Blood Counts, HB%, T.C., D.C., R.B.C. Count, MCHC, MCV, Platelet Count, PCV, MCV, MCHC
- 2 Blood Grouping & RH Typing
- 3 E.S.R.
- 4 Cholesterol ** Minimum of 12 Hours of Fasting required
- 5 Urine - Routine (Sugar, Albumin, Microscopy)
- 6 Random Blood Sugar
- 7 Corresponding Urine Sugar
- 8 E.C.G.
- 9 X-Ray Chest
- 10 Doctor's Consultation